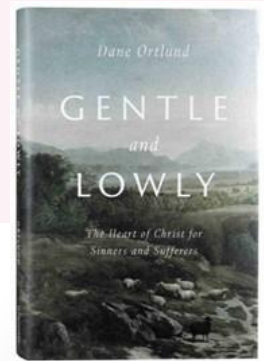




PARTICIPANT GUIDE

GENTLE AND LOWLY BY DANE ORTLUND



"Gentle and lowly". This, according to his own testimony, is Christ's very heart. This is who he is. Tender. Open. Welcoming. Accommodating. Understanding. Willing."

DANE ORTLUND



DISCUSSION QUESTIONS

1

Q. "The heart is a matter of life. It is what makes us the human being each of us is. The heart drives all we do. It is who we are. And when Jesus... exposes the innermost recesses of his being - what we find there is gentle and lowly." (p18-19)

How did the chapter "His very heart" help you to better understand the heart of Christ?

2

Q. "What we see Jesus claim with his words in Matthew 11:29, we see him prove with his actions time and time again in all four Gospels. What he is, he does... His life proves his heart" (p25). Examining ourselves with this statement, what do our actions tell us about our hearts?

3

Q. Which attributes of Jesus, the gentle or harsh, are you most naturally drawn to? Why?

4

Q. "should we envision the Son as gentle and lowly but the Father as something else?" (p127). How did the chapter 'Father of Mercies' help you to better understand how the heart of Christ relates to God the Father?

5

Q. "...the Son, 'being manifest in the flesh, expresses and utters what was in the heart of all the three'" (p121). How did the chapter 'Why the Spirit?' help you to better understand how the heart of Christ relates to the Holy Spirit?

6

Q. "What do you think of when you hear the phrase "the glory of God?"" (p147). Has this changed since reading 'Gentle and Lowly'?



7

Q. "Jesus walked the earth rehumanizing the dehumanized and cleansing the unclean" (p32). Jesus is fully God and fully man. By healing our diseases and casting out demons, Jesus 'rehumanizes' us and gives us a glimpse of what it looks like to be fully human. Discuss.

8

Q. "Jesus's sinlessness means that he knows temptation better than we ourselves do." (p49). How does knowing this about Jesus give you comfort?

9

Q. "If we never come to him, we will experience a judgement so fierce it will be like a double-edged sword coming out of his mouth at us" (p54). Has reading *Gentle and Lowly* been a powerful reminder to you that Jesus will judge those outside of himself as their sins warrant? How are you reaching those who are lost around you?

10

Q. "What comes into our minds when we think about God is the most important thing about us" (p127). How has *Gentle and Lowly* changed how you think about and relate to God?



NOTES

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