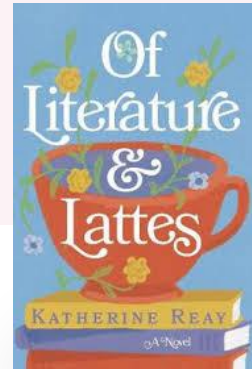




# PARTICIPANT GUIDE

OF LITERATURE & LATTES  
BY KATHERINE REAY



Right in the mix of books and story, with her two best friends beside her, she got to create art - and through art she found herself.

**JANET**



## DISCUSSION QUESTIONS

1

Q. Which character from *Of Literature & Lattes* did you relate to the most? Why?

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2

Q. "Homes and moms are very emotional topics." (p11). What kind of emotional response do these words stir in you?

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3

Q. Both Alyssa and Jeremy share a similar desire to "make a home in the world... and yet still yearn for the approval and acceptance" of others (p30). Are these feelings something you've experienced in the past or are struggling with now?

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4

Q. A critical aspect of the book is judgment and how we perceive others, often without knowing or understanding the complete story. How can this be detrimental to us?

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5

Q. "I am not okay. She repeated the words to herself, unable to deny their truth" (p70). Have you ever found yourself in a situation where you weren't okay? Was it hard to admit it to yourself and others?

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6

Q. Throughout the story, we see characters lives transformed through the power of a good book. Can you share the title of one of your favourite books and explain why it so profoundly impacted your life?

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7

Q. "He knew a wounded soul thrashed as violently as a bitter or broken one. But once made safe, that soul healed well and was all the more beautiful for the hurt it once carried" (George - p174). Have you experienced emotional healing from trauma or pain in your own life? How important was it to find a 'safe' space to take the journey?

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Q. During Devon's eulogy, he says, "My mother was the gentlest soul... But a loving and gentle soul is made by and through fire." (p235). Discuss.

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9

Q. "How do I know I've changed enough?" (Chris p236). Many Christians experience a familiar battle between deeply desiring change yet still seeing their sin, faults, and flaws. How can we be sure that we've been made into a new creation?

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10

Q. How did you feel about Alyssa and Janet's reconciliation? Did it encourage you to reach out to someone in your own life in the hopes of restoration or peace?

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NOTES

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