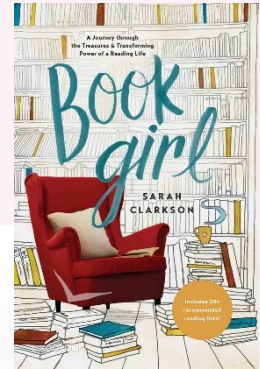




PARTICIPANT GUIDE

BOOK GIRL BY SARAH CLARKSON



"This book is about the dance and joy of women reading, an invitation to that wise laughter, to the grace known by all the book girls of the world who live by the delighted conviction that reading is a vital ingredient in a woman's full engagement with her faith, her creativity, and her capacity to grow in knowledge and love throughout each season of her life."

SARAH CLARKSON



DISCUSSION QUESTIONS

1

Q. Sarah's definition of a book girl is, "A woman who reads taps into the fundamental reality that she was created to learn, made to question, primed to grow by her interaction with words. A book girl is one who has grasped the wondrous fact that she has a mind of her own, a gift from her Creator, meant to be filled and stretched, challenged and satisfied by learning for all the days of her life" (p34). What does a 'book girl' mean to you?

2

Q. What can hinder our reading efforts?

3

Q. If you could recommend only three books as "treasures which must be read", which three would you recommend? Why?

4

Q. Do you "talk" with your books to remember the life-changing things you've learnt? (writing notes, underlining quotes, memorising text)

5

Q. "What if you were the sum of the characters you've read?" (p65).

6

Q. Were you shocked by the results of the "Reading at Risk" report (p41)? How do you intentionally cultivate healthy reading habits and make space for reading in your and your family's lives?



7

Q. Who has been the most influential "Book girl" in your life?

8

Q. Have you ever struggled with trying to discern what books you should or shouldn't read?

9

Q. "One of the most powerful ways that you as a book girl can be a giver, passing along the gift of the reading life, is by cultivating reading in the life of the children in your care". (p248) How are you passing along the book girl gift to the next generation or others around you?

10

Q. Which booklist (or book) from Sarah's recommendations are you excited to read?



NOTES
